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SRMS

BAREILLY BRANCH

**6th SRMS MEDICINE
UPDATE**

with

2nd UPCCDSICON

9th-10th May 2026

In collaboration with API Bareilly Branch

Theme:

**Bedside Decisions to
Guidelines Driven Practices**

**DEDICATED SCIENTIFIC
PROGRAMME**

**MASTER CLASS FOR
POST GRADUATES**

**SCIENTIFIC PAPERS &
PANEL DISCUSSIONS**

**LAST DATE FOR ABSTRACT
SUBMISSION 30th April '26**

Organized By:

**Department of General Medicine
&
UPCCDSI**

(Clinco Diabetic Society of India)

**Shri Ram Murti Smarak
Institute of Medical Sciences
Bareilly (UP)**

SECOND ANNOUNCEMENT

Get in touch

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✉ upccdsicon2026@gmail.com

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Conference Invitation...

Dear Friends / Colleagues

It gives us immense pleasure to invite you to the **6th SRMS Medicine Update with the 2nd UPCCDSICON** being organized at SRMS Institute of Medical Sciences, Bareilly.

Bareilly also popularly called as 'Nath Nagari' holds a special place in the Academic landscape of Western Uttar Pradesh. Historically known as a Cultural and Educational hub, the city has emerged as a rapidly growing center for Medical Education with clinical excellence and healthcare innovation. With institutions like SRMSIMS and an active academic fraternity, Bareilly has consistently contributed to capacity building, postgraduate training and the dissemination of evidence-based medical practice in the region.

This Conference aims to translate bedside Challenges into Guideline-Based Solutions, with a strong focus on Diabetes, Cardiovascular Disease, and contemporary Internal Medicine.

The Academic Program has been carefully curated to ensure high-yield, practice-oriented learning, interactive discussions, and meaningful professional networking.

We sincerely hope your presence will enrich the deliberations and further strengthen Bareilly's role as a meeting point for Ideas, Innovation and Collaboration in Medicine.

We look forward to welcoming you to Nath Nagari for this Academic Feast.

With Best Regards !

Team **UP-CCDSICON 2026**
Bareilly



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Prof. & Head, Medicine
Organizing Secretary

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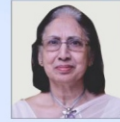
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PROGRAMME SCHEDULE

DAY 1 - 9th May 2026 (HALL-A / AUDITORIUM)

08:00 - 09:00 AM REGISTRATION & BREAKFAST

SESSION 1 - THE CARDIO-RENAL-HEPATIC NEXUS: PRESSURE, SUGAR AND LIVER

S.N.	Time	Topic	Speaker	Chairperson
1	09:00 - 09:15 AM	Cardio Renal Risk Continuum: The CKD Perspective	Dr. Sanjay Kumar (SRMSIMS, Bareilly)	Dr. Vidyanand Dr. Deep C. Pant Dr. Waleem Ahmad Dr. R.K. Tandon
2	09:15 - 09:30 AM	Inflammation meets Insulin Resistance: The Rheumatology Diabetes Axis	Dr. Shafat I Siddiqui (HIMS, Varanasi)	
3	09:30 - 09:45 AM	Approach to Resistant Hypertension	Dr. Deepesh Agarwal (SRMSIMS, Bareilly)	
4	09:45 - 10:00 AM	Lean MASLD in Asian Indian Women: Myth or Emerging Reality	Dr. Purna Kapoor (SGPGI, Lucknow)	

RUNNING TEA BREAK

SESSION 2 - GLYCEMIC FRONTIERS: FROM MICROVESSELS TO METABOLISM

S.N.	Time	Topic	Speaker	Chairperson
5	10:00 - 10:20 AM	Update on Management of Microvascular Angina	Dr. Kamaldeep Chawla (Vadodara)	Dr. Dinesh Puri Dr. Amresh Kumar Dr. Deepesh Agarwal Dr. Pradip K Martin
6	10:20 - 10:40 AM	Constipation in Elderly Diabetics/ Surgical Intervention: When and How	Dr. Himanshu Pandey (Vadodara)	
7	10:40 - 11:00 AM	Skin Glycation: A Forgotten Complication of Diabetes	Dr. A.K. Singh (Varanasi)	

SESSION 3- SMART INSULIN USE WITH UNDERSTANDING OBESITY

S.N.	Time	Topic	Speaker	Chairperson
8	11:00 - 11:20 AM	Smart Insulin Use: Right Patient, Time, Right Dose in Hospital Non-ICU Patients	Dr. Madhukar Rai (HIMS, Varanasi)	Dr. Purna Kapoor Dr. Sajid Ansari Dr. Abdul Hafeez Khan Dr. Gayashul Rehman
9	11:20 - 11:40 AM	Sustaining Women's Career in Medical Academia through Mentorship	Dr. Aditya Kapoor (SGPGI, Lucknow)	
10	11:40 - 12:00 PM	How Obesity is different in Indian Context ?	Dr. Ajoy Tiwari (Lucknow)	

PROGRAMME SCHEDULE

SESSION 4 - THE VANGUARD ORATIONS

S.N.	Time	Topic	Speaker	Chairperson
11	12:00 - 12:30 PM	Clinical Medicine in Era of AI (Dr Madhukar Rai Oration)	Dr. Anil Kumar Virmani (Jamshedpur)	Dr. Naresh Kumar Dr. A.K. Singh Dr. R.R. Chaudhary Dr. Madhukar Rai
12	12:30 - 01:00 PM	Resistant Hypertension in Diabetes: Secondary Causes, ABPM and Step wise Monitoring (Chairman's Oration)	Dr. Anuj Maheshwari (HIMS, Sitapur)	Dr. Narsingh Verma Dr. Anil K Virmani Dr. Aloke K Gupta Dr. Rajeev Gupta
13	01:00 - 01:30 PM	'KEYNOTE LECTURE'	Dr R.K. Dhiman (Director, SGPGI)	Dr. Nirmal Yadav Dr. Sharat Johri Dr. M.K. Mehrotra Dr. Praveen K. Bass Dr. Anupam Sharma
	01:30 - 02:10 PM		INAUGURATION	
	02:10 - 02:40 PM	LUNCH		

SESSION 5- EVOLVING CARDIOMETABOLIC MEDICINE: FROM DRUGS TO LONGEVITY

S.N.	Time	Topic	Speaker	Chairperson
14	02:40 - 03:00 PM	Low Grade Chronic Inflammation: Cardio-Metabolic Link & New Therapeutics insights	Dr. Aloke K. Gupta (Gorakhpur)	Dr. Sharad Agarwal (Med.) Dr. Ajoy Tiwari Dr. Satendra Sonkar Dr. A.K. Shrivastava
15	03:00 - 03:20 PM	Inflammation & Atherosclerosis: Is anti-inflammatory therapy the next Breakthrough in Cardiology?	Dr. Sajid Ansari (Lucknow)	
16	03:20 - 03:40 PM	ECG pearls in Diabetes: What Every Physician Should not Miss	Dr. A.N. Rai (Gaya)	
17	03:40 - 04:00 PM	Circadian Rhythm and Longevity	Dr. Nar Singh Verma (Lucknow)	

SESSION 6 - THE GUIDELINES GALLERY: STANDARDS OF CARE IN 2026

S.N.	Time	Topic	Speaker	Chairperson
18	04:00 - 04:10 PM	Prevention is Better than prescription: Vaccination in Diabetes	Dr. Snehlata Verma (LLRM, MEERUT)	Dr. Utsav Anand Mani Dr. Bharat Varshney Dr. Mukund Sarda Dr. Rakesh Kushwaha Dr. Bipul Agarwal
19	04:10 - 04:20 PM	Hypertension Guidelines: Lower Targets, Early Intervention	Dr. Tanmay Agarwal (Bareilly)	
20	04:20 - 04:30 PM	Diabetes Management Guidelines: ADA vs NICE vs RSSDI Similar Goals, Different Paths	Dr. Abhishek Arun (Lucknow)	
21	04:30 - 04:40 PM	Dyslipidemia: The Era of Lower is Better 'LDL'	Dr. Aditi Rastogi (RMCH, Bareilly)	

PROGRAMME SCHEDULE

SESSION 7 - THE SMART CARDIO - DIABETIC CARE

S.N.	Time	Topic	Speaker	Chairperson
22	04:40 - 04:50 PM	Prediabetes: Who Progresses & who reverts?	Dr. Shivam Verma (RMLIMS, Lucknow)	Dr. Prateek Singh Dr. Uday Raj Singh Dr. Darshan Mehra Dr. Shouvik Datta
23	04:50 - 05:00 PM	Use fo CGM in Type 2 DM: Going Beyond the approach Pillars of	Dr. Abhijeet Abhishek (Patna)	
24	05:00 - 05:10 PM	Treatment for Diabetic Kidney Disease	Dr. Ankit Grover (Apollo, New Delhi)	
25	05:10 - 05:20 PM	SVT Beyond Medical Management	Dr. Amit Varshney (SRMSIMS, Bareilly)	
26	05:20 - 05:30 PM	ITP: Treat, Test or Wait?	Dr. Disha Satya (SRMSIMS, Bareilly)	

SESSION 8 - BREAKING THE SILENCE

S.N.	Time	Topic	Speaker	Chairperson
27	05:30-06:00 PM	Erectile Dysfunction in 2026	Dr. Deepak Jumani (Mumbai)	Dr. Ashu Agarwal Dr. Alok Agarwal Dr. Biresh Kumar Dr. Arun Kapoor

PROGRAMME SCHEDULE

DAY 2 – 10th May 2026 (HALL-A)

SESSION 9 - CARDIO-METABOLIC CROSSROADS: FROM GUIDELINES TO FALLACIES

S.N.	Time	Topic	Speaker	Chairperson
28	9:00-9:10 AM	Fallacies of HbA1c	Dr. Rajeev Goel (Bareilly)	Dr. Tarun Agarwal Dr. Aanchal Agarwal Dr. Mritunjay Singh Dr. Sunil Kumar (Bareilly)
29	9:10-9:20 AM	Heart Failure Guidelines: Therapy vs Standard care	Dr. Rajeev Shrivastav (Sultanpur)	
30	9:20-9:30 AM	Management of Anemia in CKD (KDIGO 2025)	Dr. Satendra Sonkar (KGMU, Lucknow)	
31	9:30-9:40 AM	PCOS & Cardiovascular Risk: The Hidden Time Bomb?	Dr. Priyanka Budhwani (AIIMS, Gorakhpur)	
32	9:40-9:50 AM	Intermittent Fasting in Diabetes: Science, Safety and Scope	Dr. Satish Kumar (KGMU, Lucknow)	
33	9:50-10:00 AM	Subclinical Hypothyroidism: To Treat or Not to Treat?	Dr. Princi Jain (LHMC, New Delhi)	

SESSION 10 - HEART & SUGAR INTERFACE: PRECISION IN RHYTHM AND LOAD

S.N.	Time	Topic	Speaker	Chairperson
34	10.00-10.20 AM	From Glucose to Grey Matter: The Mind Metabolism Connection in Diabetes	Dr. P.K. Maheshwari (SNMC, Agra)	Dr. Divyant Rawal Dr. Sunil Kumar Dr. Sandeep Gupta Dr. M.K. Rastogi Dr. Ashu Agarwal
35	10.20-10.40 AM	The Fragile Balance: Optimization of Preload in Dilated Cardiomyopathy	Dr. Deep C. Pant (SRMS IMS, Bareilly)	

SESSION 11 - THE MASLD MASTERCLASS: GENDER, GENETICS AND GUT

S.N.	Time	Topic	Speaker	Chairperson
36	10:45-11:00 AM	From Hormones to Hepatocytes: Understanding MASLD in Females from Adolescence to Menopause	Dr. Meenakshi Awasthi (BRD, Gorakhpur)	Dr. Malini Kulshrestha Dr. Princi Jain Dr. Shashi Bala Arya Dr. Shakti Kansal
37	11:00-11:15 AM	MASLD Decoded: A Clinician's Guide to Timely Intervention	Dr. Amit Goel (SGPGI, Lucknow)	
38	11:15-11:30 AM	Personalised Management of MASLD in Women: Do we Need Gender- Specific Approach?	Dr. S.K. Gautam (GSVM, Kanpur)	

PROGRAMME SCHEDULE

SESSION 12 -THE EDUCATORS FORUM: REDIFINING MEDICAL PEDAGOGY

S.N.	Time	Topic	Speaker	Chairperson
39	11:30-11:45 AM	Non-Exercise Activity (NEAT): The Hidden Secret to Daily Calorie Burn	Dr. Jayant Panda (SCBMC, Cuttack)	Dr. Haroon Iqbal Dr. Mahesh Chandra Dr. C.K. Jain Dr. S.K. Agarwal
40	11:45-12:15 PM	Shri Ram Murti Oration: Redefining How We Teach Medicine	Dr. Nirmal Yadav (SRMS Good Life, Bareilly)	Dr. A. N. Rai Dr. Sudeep Saran Dr. Seema Seth Dr. Smita Gupta Dr Malini
41	12:15-12:30 PM	Medicalizing Obesity:Solution or Shortcut?	Dr. Sudeep Saran (Bareilly) (For)	Dr. Jayant Panda Dr. B.S. Hora
42	12:30-12:45 PM		Dr. Meena Chabra (SGRH,New Delhi)(Against)	

SESSION 13- THE CKM AXIS : FROM INFLAMMATION TO IMPLEMENTATION

S.N.	Time	Topic	Speaker	Chairperson
43	12:45-01:00 PM	Integrating the CKM Syndrome into Clinical Practice	Dr. D. Bandhopadhy (NBMC, Darjeeling)	Dr. M.L. Agarwal Dr. W. P. Singh Dr. Neeraj Kapoor Dr. Zaheen Ilyas Dr. O P Singh
44	01:00-01:15 PM	Sulfonylureas: Old Soldiers Battle Hard to Survive as Saviors	Dr. R.R. Singh (Jhansi)	
45	01:15-1:30 PM	Is Albuminuria Still the Best Marker in DKD?	Dr. Mritunjay K Singh (Gaya)	

SESSION 14 – THE NEXT WAVE: CARDIO RENAL & DIABETES CARE REDEFINED

S.N.	Time	Topic	Speaker	Chairperson
46	1:30-1:45 PM	The r-DNA Semaglutide Advantage one: Elevating Patient Care in a Space of Diabetes	Dr. Parul Singhal (Kashipur)	Dr. K.C. Lohani Dr. Anil Kumar Dr. A K Shrivastava Dr. Raminder Singh
47	1:45-2:00 PM	Feet First:Why Every Step Matters in Diabetes Care	Dr. S. Shrivastava (GIMS, Noida)	
	2:00 PM	Valedictory Function and Lunch		

PROGRAMME SCHEDULE

DAY 1 - 9th May 2026 (HALL-B)

08:00 - 09:00 AM		REGISTRATION & BREAKFAST		
SESSION 1 - MASTER CLASS BY MASTER COACHES (NEUROLOGY)				
S.N.	Time	Master Class	Master Coach	Chairperson
1	10:00 - 10:30 AM	Missed on CT? Common Pitfalls & How To Avoid Diagnostics Errors in Neuro Imaging	Dr. Prashant Dubey (RMCH, Bareilly)	Dr. Neeraj Prajapati Dr. Sunil Kumar
SESSION 2 - MASTER CLASS BY MASTER COACHES (DIABETES)				
S.N.	Time	Master Class	Master Coach	Chairperson
2	10:30 - 11:15 AM	Insulin Therapy Simplified: Art, Science, Algorithms	Dr. Shruti Sharma (SRMSIMS, Bareilly)	Dr. Ankit Grover Dr. Shafat Imam
THE VANGUARD ORATIONS (AUDITORIUM)				
S.N.	Time	Topic	Speaker	Chairperson
3	12:00 - 12:30 PM	Clinical Medicine in Era of AI (Dr Madhukar Rai Oration)	Dr. Anil Kr. Virmani (Jamshedpur)	
4	12:30 - 01:00 PM	Chairman's Oration	Dr. Anuj Maheshwari (HIMS, Sitapur)	
5	01:00 - 01:30 PM	Keynote Lecture	Dr Radha K. Dhiman (Director, SGPGI)	
01:30 - 02:10 PM		INAUGURATION (AUDITORIUM)		
02:10 - 02:40 PM		LUNCH		
SESSION 3 - MASTER CLASS BY MASTER COACHES (CARDIOLOGY)				
S.N.	Time	Master Class	Master Coach	Chairperson
6	04:00 - 04:30 PM	Approach to a Patient of Chest Pain: From Panic to Precision	Dr. Alok Agarwal (VAMC, Shahjahanpur)	Dr. Ankit Grover Dr. Kush Mehrotra Dr. Shafat Imam
SESSION 4 - RESEARCH SHOWCASE				
S.N.	Time	Topic	Judges	
7	04:40 - 05:30 PM	Poster Presentation (In Gallery)	Dr. Mridu Sinha Dr. Princi Jain Dr. Snehlata Verma Dr. Bindu Garg	

PROGRAMME SCHEDULE

DAY 2 - 10th May 2026 (HALL-B)

08:00 - 09:00 AM REGISTRATION & BREAKFAST

SESSION 5 - RESEARCH SHOWCASE

S.N.	Time	Topic	Judges
8	08:00 - 09:30 AM	Oral Paper Presentation	Dr. Piyush Kumar, Dr. Seema Seth, Dr. Waleem Ahmad, Dr. W.P. Singh, Dr. Priyanka Budhwani

SESSION 6 - MASTER CLASS BY MASTER COACHES (GASTROENTROLOGY)

S.N.	Time	Master Class	Master Coach	Chairperson
9	10:00 - 10:30 AM	Hepatitis B Therapy: Precision, Progress & Promise	Dr. Shivam Gupta (SRMSIMS, Bareilly)	Dr. Zaheen Ilyas Dr. Biresh Kumar
10	10:30 - 11:00 AM	Treating Hepatitis C in 2026: What Every Physician Must Know	Dr. Nirmalya Shah (SRMSIMS, Bareilly)	Dr. Maya Prakash

SESSION 7 - RESEARCH SHOWCASE

S.N.	Time	Topic	Judges
11	01:00 - 02:00 PM	Poster Presentation	Dr. Shasi Bala Arya Dr. Pawan Kumar Mehrotra Dr. Milan Jaiswal Dr. Ankit Grover Dr. Tanu Agarwal Dr. Arvind Chauhan

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- Abstract must be typed single-space in English using at least 9 point size font and must not be more than 300 words.
- Type the abstract in order of title, authors, institution and text which should be left aligned and include aims & objectives of the study, methods, results and conclusions.
- Authors should be listed by initials and surname.
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Last date of abstract submission 30th April 2026

ABOUT THE INSTITUTE

Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly, a vision conceptualized in year 2002, is the most modern 1200 beds multi super speciality tertiary care hospital and a recognized medical college. It caters the health needs for patients residing in a radius of 150 kms of Bareilly zone reaching up to farthest border towns of Uttarakhand & Nepal. The Medical College (recognized by Ministry of Health, Govt. of India and approved by Medical Council of India, New Delhi) offers medical courses for Undergraduate (200 MBBS seats), Postgraduate (128 MD/MS seats) and Super speciality (3 DM (Neurology) and 3 MCh (Neurosurgery)). The Institute is undoubtedly par-excellence for providing care to patients and training UG & PG students.

ABOUT THE DEPARTMENT


Department of General Medicine, one of the biggest department of the institute works with a core mission of "Quality Care" which includes management of Critically ill patients, Preventive Medicine, Palliative and Geriatric care along with high standards of Education and Clinical Research. This is accomplished by an experienced faculty with excellent professional ability, enthusiasm and a commitment to teaching. The department has 220 beds and functional 06 units with 12 post graduates seats. It caters all variety of Medical patients with full fledged Cardiology, Gastroenterology, Nephrology, Endocrinology units along with Medical ICU of 11 beds and 7 beds in HDU, 12 beds in CCU & Specialty clinics like diabetic clinic, Headache, Epilepsy and Hypertension clinics are also running.

The department also focuses on research work, apart from thesis work, various non thesis projects are being carried out every year with publications in National/International Journals. The faculty and residents also have been actively participating in various State and national conferences with residents securing awards in these conferences. The department has shown its active participation in management/treatment of patients and formation of various protocols.



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